

## **Dear Animal Devotee,**

Homeopathic natural medicines can offer very satisfying results in promoting health and well-being, strength and vitality, mental, emotional, and physical repair, pain relief, immune support, detoxification, and the potential to restore your animal companion to a re-balanced state of homeostasis. By using classical homeopathic therapy you are addressing not just one condition, but the entire symptom complex. This can encompass other discrepancies in health or mental/emotional state that may be apparent or underlying, yet to surface.

The classical approach requires a lot of information so that no stone is left unturned. Even though certain symptoms may seem irrelevant and insignificant they can become important clues to the investigations of a homeopath. An extensive questionnaire will be sent to you once you are committed to having a homeopathic appraisal made. The completed questionnaire and accompanying veterinary details provide the material needed make a full case analysis and select the most appropriate remedy and treatment plan. Homeopathy is about treating the patient, not just a disease. In other words, homeopathy addresses how 'dis-ease' has manifested in a particular individual, rather than focusing on a disease label which only represents one area of the totality of the patient's imbalance.

The following consult options allow you to choose, depending on the nature of the case and your financial status, which is most appropriate for your pet's care. If you need help with deciding how you would best like me to approach your valued animal companion's particular situation, please contact me. I can suggest what is the most practical scenario for you and your animal companion.

### **SCHEDULE OF FEES**

FULL CONSULT = chiefly chronic conditions, full case taken (questionnaire sent), case analysis from a homeopathic perspective, Rx prescription with advice on administration, and case monitoring for a period of 4 weeks via once weekly correspondence by phone or email (ie. 3 individual weekly reports from the client after initial questioning week and ensuing discussion)...\$95

FOLLOW-UP CONSULT = continuance of the same case (whether the next month or WITHIN 2-5 months after 1st consult), further evaluation and prescribing, and continued monitoring over a 4 week period via once weekly correspondence via email or phone...\$75

SHORT CASE/COMPLEX ACUTE = a quick "mini" case taking, for a small problem or new suddenly acquired acute situation, prescription, and several emails to check on response...\$65

SIMPLE BASIC FIRST AID ADVICE = a few more details are obtained after initial contact to ascertain if immediate veterinary treatment may be needed, then advice is given for suggestions on how to treat with specific homeopathic remedies...\$65

For more information on how Homeopathy can help restore your animal companion's optimum health, contact:

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### **SMALL ANIMAL HOMOEOPATHIC EVALUATION FORM**

Please take the time to **READ THIS SECTION** before filling out the answers.

Don't feel pressured to answer every question, just do the best you can! Feel free to elaborate as much as you wish. You may wish to read through the questionnaire before beginning, just to familiarize yourself with the format.

When answering questions, if you feel strongly about a certain symptom or you think it is an important one relating to the condition of your animal companion at present, please emphasize your writing (capitalize or highlight it, write with another colour, or draw stars next to your points) so that I can register it's significance. Alternatively, list 10-20 symptoms at the end of the questionnaire that you would consider to be the most relevant. Place your answers between the topics/questions asked (use the back of the pages, too, if needed). Again, if you wish you may write a double asterisk at the beginning of your answers to make them more obvious.

Please treat this questionnaire as a guideline and feel free to add whatever else you may think of that I have not included.

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**Please remember to note:**

**\*The modalities\***.... refer to anything that makes a symptom BETTER OR WORSE; for example: temperature, time, weather, position, motion, rest, periodicity, touch, pressure, change of diet, change of environment etc. For instance: at 11 am most mornings the animal comes begging for food; or, being in a hot stuffy room makes symptoms worse and if the animal lives out in fresh air symptoms improve.

**SENSATION , LOCATION AND EXTENSIONS** eg. the animal's left ear feels like a hot coal and appears to be sensitive to touch down along the jawbone to the muzzle.

**CAUSATION** eg. gets bloat from eating too rapidly; gets stiff after a storm or from being wet.

**CONCOMMITANT** symptoms, meaning a symptom that happens at the same time as another, but with no apparent link; as in, for example, when the animal gets a weepy eye it also gets stiff in the right hind leg (or something to that affect).

NAME OF ANIMAL GUARDIAN, Address, and contact phone numbers:

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EMAIL ADDRESS .....

NAME OF TREATING VETERINARIAN and contact information:

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**FULL NAME OF ANIMAL, OR NICKNAME:**

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BREED, AGE, SEX & BODY TYPE –

neutered: yes or no

coat colour/condition

whirls and markings,

build/muscle tone

obese/thin,

good/bad odour

old scars, unusual body conformation, etc

**It is really important that I learn about and know EVERYTHING about your animal companion that you can tell me.**

- How long has the current condition been evident?

- What veterinary diagnoses and prognoses have been made?

- Are you aware of a history of any prior illnesses, x-rays/scans, blood profiles, drugs, or treatments?

- Do you know of any other therapies that may have been used (orthodox or holistic)? If so, which therapies were used, what remedies or herbs etc. were used, and how long ago were these therapies used?

- Do you know of any family history of illness, deformities, genetic predispositions, etc.?

- Do you know of any problems experienced while growing up, such as feeding difficulties, teething issues, too slow or too rapid development?

Please list the types of vaccination, if any, that were used for protection.

Regarding vaccination, how often were vaccines given, when were they given, and what was the last vaccination given?

Were there any adverse reactions to vaccination or drugs given?

Dental history: Last dental attention paid:

When was your animal companion last on a worming schedule, and when was its last worming?

Please give an account of the animal's basic life story and background (as well as you know it)  
How long has the animal been in your care?

Who else has or has had a lot of contact with the animal?

Please note any important incidents/accidents/ traumas that may have changed the animal's life in some way, or any event(s) that you've noticed the animal has "never been well since" experiencing.

Any unusual habits or strange, peculiar symptoms? Please describe the animal's personality, characteristics, behaviour, idiosyncrasies, etc.

**MENTAL/EMOTIONAL:**

PRESENTATION - tense/relaxed, sensitive/insensitive, friendly/hostile, dominant/passive,

indifferent/interested, intelligent/dull, playful/lazy etc

COMMON MOODS - depression, apathy, nervousness, exuberance, snappy/biting, whining, sad, happy, intolerant, irritable, over friendly, defensive etc

ANGER/IRRITABILITY - causes, frequency, violence, how expressed or not at all

FEARS, ANXIETIES OR WORRIES - eg. fear of traveling in a vehicle, claustrophobia, fear of other animals, fear of strangers, fear of falling/heights, fear/anxious of water, fear of dark, fear/anxious when alone, separation anxiety, fear of a certain colour, fear of storms, fear of crossing a bridge, anxiety before attending an event, of loud noises, certain odours, averse bright lights etc.

SOCIAL RELATING WITH OTHER ANIMALS AND/OR HUMANS - prefers to be alone or social; happy with own company, likes to be the centre of attention or prefers to be indifferent; dominant to other animals but passive/respectful to you; can't bear to be left behind; only desires company of same/opposite sex; any other difficulties etc.

TRAUMA - grief, losses, frights, large upsets, accidents....how was this challenge handled? What was the outcome?

BEHAVIOURAL/TRAINING PROBLEMS - biting, chewing, disobedience, hard to catch, how responds to discipline or reprimands, extreme fear; how trainable/quick/intelligent, slow to understand/lazy, anxious, inattentive/easily distracted, frustrated easily, training resistance; excessive barking or other vocals, over-protectiveness over an area or item, soiling areas in the home, odd habits, .(eg runs around holding his hind leg in his mouth).

What has been attempted to modify behaviour: obedience school, assistance from an animal behaviouralist, animal communicator etc?

ANYTHING ELSE that comes to mind: What, if any, are some of your own opinions as to what might be a cause, or your own recollections about when a problem or illness first started?

**PHYSICAL GENERAL:**

**ACTION** - normal, active/lazy, stumbling, weaving/wobbly, accentuated knee action, drags toes/a leg, paddling, shuffling, can't flex toes, dips the hip on one side, head bobbing, can't run, tight-backed, stiff necked, difficulty ascending or descending a hill/stairs, tail flicking, any surface textures walked on that are difficult to negotiate or are avoided etc

**CLIMATE/TEMPERATURE THAT IS PREFERRED OR HATED** - whether you regard the animal as sensitive to being hot, chilly or somewhere in between: keeps out of the sun and hangs in the shade/lies on cool tiles, seeks the sun, feels the cold, sits on the heater/fire, gets worse in the wet, enjoys rain, ailments worse in humid conditions, better in dry, fear of fog, affected by wind, changes of weather, storms or thunder and lightning etc

**ENERGY LEVEL** - time of day better or worse, stresses, activity level, stamina

**APPETITE** - desired time, pattern, food desires, food aversions and what may aggravate, eating habits..eg. always hungry, bolts the food down, greedy, leaves a little and comes back to it later, slowly munches away, picky/fussy feeder. What is the usual diet, any changes in the past 6 months, any added supplements etc?

**THIRST** - quantity and frequency, eg small amounts often, one large amount twice daily, little thirst, prefers warm or cold water, sloppy drinker or neat, desire for other types of liquids to drink etc

**LYING POSITION** - eg. always lies on the right or left side, lies with the head to the left side etc, lies down more frequently than would be expected, lies with legs stiffly stretched out, lies with legs drawn up, lies on back. How is any discomfort shown? How does your animal prefer his bedding or sleep surface? Does he like to get under bedcovers or not, etc.?

SWEATING/PANTING PATTERNS - time of day, on exertion only or at other times, locations, odour, dry when should be sweating, sweaty body but cold extremities, degree of saliva, odourous saliva etc

MALE/FEMALE (hormonal imbalances/glands/behaviour/breeding) - females mounting males, females behaving erratically and irritably, milk glands swollen when shouldn't be, tenderness around the loins, ovarian cysts, irregular cycles, vulval discharges, bad birthing history, eclampsia, postpartum infections, produces defective offspring, not accepting their newborn, lactation problems, over zealous entires, aggressive breeders, poor sexual performance, penial discharges or growths, infertility, castrated males acting like entires, anal gland problems; over or underactive thyroid or adrenals, etc.

#### **PARTICULARS:**

EYES - inflammations, glassiness, tearing..colour and consistency of discharges..which eye/s and from inner or outer aspect of eye, red sclera or conjunctiva, swelling..upper or lower lids, swelling of eyeball itself, drooping of eyelids, itching, excoriation, dilated or contracted pupils, blood marks, lack of reflex, sensitivity, photophobia, staring/eye muscle paresis ..difficulty in moving eyes, constant motion/twitching of eyeballs, scarring, corneal opacities, ulcers, ophthalmia, uveitis, degree of vision loss if any, blocked tear ducts etc

EARS - itching, hair loss, discharges.(if so, what.type, amount, odour, colour), fungal lesions, warts, mites, ear drooping, head shaking, sensitivity, hot or cold to touch etc

RESPIRATORY SYSTEM – coughs: nature of cough—rattle-y/loose, congested but unable to dislodge or profuse expectoration, dry, hollow, from throat or lungs..what worsens/improves it, periodicity, any obvious causation (eg. virus; colds), nasal discharges ..colour and consistency....whether one nostril or both are affected; difficult to expel or running profusely, wet/dry nose, nosebleeds, sneezing, allergies, type of breathing on inspiration and expiration, shortness of breath, snoring, excessive panting, etc.

DIGESTIVE SYSTEM - bad teeth, bad breath, sore gums, poor gum colour, mouth ulcers, coated tongue and colour, drooling, dryness of mouth, gagging/vomiting...nature and frequency, excessive or poor intestinal gurglings or rumblings, stomach ulcers, flatulence, bloated abdomen, worminess, pains/colic, poor food absorption, colitis, etc

**BOWEL HABITS** - type of stool, consistency and colour, any irregularities or difficulties...diarrhoea, constipation/straining, slime covered stools, thin and stringy, unusual odour, frequency low or too often, involuntary defaecation, signs of blood, signs of worms etc

**URINARY HABITS** - any irregularities or difficulties..change of colour, signs of pus or blood, urinary calculi/gravel, unusual odour, incomplete, straining, frequency low or too often, forked stream, involuntary, unusual stance etc

**CIRCULATORY SYSTEM** - usual temperature, slow/rapid pulse rate, cold limbs at extremities, cold ears, red/pale/blue/yellow mucous membranes, heart murmurs or other irregularities, lymphatic swellings, anaemias, dehydration etc

**NEUROLOGICAL** - any twitchings, muscle spasms, pinched nerves, tremblings, deadened regions, Facial Nerve Paralysis, Epileptic fits, Wobblers, unusual head twisting, difficulty with balance, circling to the left or right etc??

**MUSCULOSKELETAL** - bone deformities, arthritis, rheumatism, poor tone or muscle wastage, hypertrophied muscle, hot areas, pains, lameness, tendon sprains, contracted tendons, dropped shoulder, hock swelling, cruciate trouble, spinal complaints, how responds to exercise...limbers up after warming up and gets better, doesn't get better for movement, does not wish to move at all...is worse for the least movement etc

**FEET/PAWS** - dry/cracked/flaky, reddened, interdigital cysts, misshapen, splinters, aversion to touch, areas of heat, claw problems, bleeding, etc

**SKIN CONDITIONS** - dryness, scaling, itching, greasiness, patchy lesions, swellings, oozings, odour, raw areas/hot spots, sensitivity, colouring..mottled/depigmentation, rashes/hives, irregular hair loss or excessive shedding, itchy tail butt, warts, growths, abscesses, mites, ringworm, eczemas, allergies, flea problems etc



CURRENT WOUNDS/INJURIES - type of, location, how sustained, when occurred, level of bruising or openness, level of pain, any shock, swelling, hot or cold to touch; bleeding: pale or dark blood..light or heavy..irregular or constant, any infection/purulent discharges, oozing of serum, proud flesh, any bone damage/misplacement, how responds to hot or cold treatment, how responds to bandaging, difficulty in healing etc

**Finally...is there anything else you would care to add? Please mention it here.**

Thank you for completing this lengthy questionnaire.